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DANZEN: MOVEMENT THERAPY

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A guidebook
for dancers

T.E. Pelton

Createspace, United States, 2014. Paperback. Book Condition: New. 216 x 140 mm. Language: English . Brand New Book ***** Print on Demand *****.Danzen is a new movement therapy for health and happiness developed by Special Educator and author T.E. Pelton. Danzen enhances posture and improves motor skills, as well as mental and physical dexterity. Research shows movement therapy and dance art benefit everyone especially those with mental, emotional and neurological challenges such as autism, ADD/ADHD or learning disabilities. This step-by-step...

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- Authored by T E Pelton
- Released at 2014



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