



Coping with Polycystic Ovary Syndrome

By Christine Craggs-Hinton, Adam H. Balen

SPCK Publishing, United Kingdom, 2008. Paperback. Book Condition: New. 2nd Revised edition. 216 x 135 mm. Language: English . Brand New Book ***** Print on Demand *****.PCOS is a caused by a hormonal imbalance and can result in distressing symptoms such as acne, irregular or absent periods and increased hair growth on the face and body. For some, PCOS will even lead to infertility, hair loss and weight gain. Not all women will experience all of the symptoms and what the sufferer experiences may change over time, which can make the syndrome particularly difficult to deal with. Coping with Polycystic Ovary Syndrome has been written to help sufferers to cope with the changing nature of the disorder and its effects. This new edition includes: latest medical definition of PCOS; associated health risks such as type 2 diabetes, heart disease and endometrial cancer; causes and associated conditions such as insulin problems; the importance of losing weight; help from your doctor; getting pregnant; diet and exercise; managing stubborn symptoms such as excess hair, acne, and being overweight; complementary remedies; and emotional support.



READ ONLINE
[1.31 MB]

Reviews

Comprehensive guide! Its this sort of very good go through. It generally is not going to price too much. Its been designed in an remarkably basic way which is simply following i finished reading this pdf where really changed me, affect the way i really believe.

-- **Prof. Jeremie Blanda DDS**

This sort of pdf is everything and made me hunting forward and a lot more. It is packed with knowledge and wisdom I am just happy to inform you that this is the greatest ebook i have study within my own existence and might be he very best ebook for actually.

-- **Celestino Blanda**

Related Kindle Books



My Name is Rachel Corrie (2nd Revised edition)

Nick Hern Books. Paperback. Book Condition: new. BRAND NEW, My Name is Rachel Corrie (2nd Revised edition), Rachel Corrie, Alan Rickman, Katherine Viner, Why did a 23-year-old woman leave her comfortable American life to stand between a bulldozer and a Palestinian home?...



Funny Stories Shade Shorts 2.0 (2nd Revised edition)

Ransom Publishing. Paperback. Book Condition: new. BRAND NEW, Funny Stories Shade Shorts 2.0 (2nd Revised edition), Alan Durant, Julia Williams, Tish Farrell, Finn Rickard, Four funny stories to raise a laugh and a smile .Jez Fisher, boy detective, on the tail of...



Index to the Classified Subject Catalogue of the Buffalo Library; The Whole System Being Adopted from the Classification and Subject Index of Mr. Melvil Dewey, with Some Modifications .

Rarebooksclub.com, United States, 2013. Paperback. Book Condition: New. 246 x 189 mm. Language: English . Brand New Book ***** Print on Demand *****.This historic book may have numerous typos and missing text. Purchasers can usually download a free scanned copy of the...



Preventing Childhood Eating Problems : A Practical, Positive Approach to Raising Kids Free of Food and Weight Conflicts

Book Condition: Brand New. Book Condition: Brand New.



The Trouble with Trucks: First Reading Book for 3 to 5 Year Olds

Anness Publishing. Paperback. Book Condition: new. BRAND NEW, The Trouble with Trucks: First Reading Book for 3 to 5 Year Olds, Nicola Baxter, Geoff Ball, This is a super-size first reading book for 3-5 year olds, with an engaging story, colourful pictures...



Dont Line Their Pockets With Gold Line Your Own A Small How To Book on Living Large

Madelyn D R Books. Paperback. Book Condition: New. Paperback. 106 pages. Dimensions: 9.0in. x 6.0in. x 0.3in.This book is about my cousin, Billy a guy who taught me a lot over the years and who can teach you a lot. Everyone who...