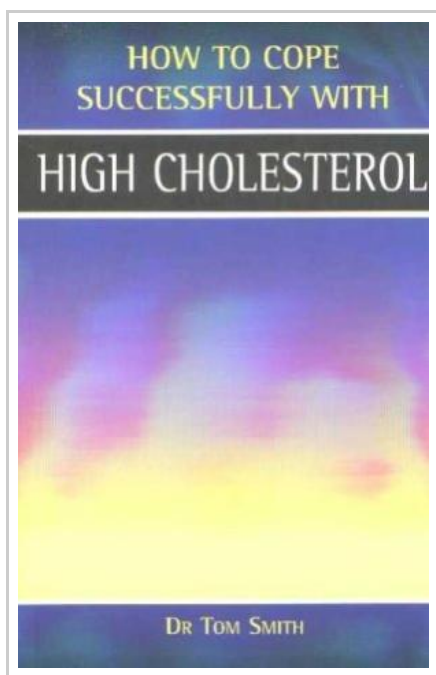




High Cholesterol

By Tom Smith, Barbara Vesey

Wellhouse Publishing Ltd. Paperback. Book Condition: new. BRAND NEW, High Cholesterol, Tom Smith, Barbara Vesey, We are all becoming more aware of high cholesterol problems and often only discover that we are at risk when having a general health check. In this book Dr Tom Smith describes in his easily accessible style the cause of high cholesterol, the associated problems, the complications and the risks involved if your high cholesterol goes untreated. Dr Smith details the treatments available together with possible side effects. He also gives information on diet and lifestyle changes which may be needed to help reduce your cholesterol levels and reduce the risks to your overall health.

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