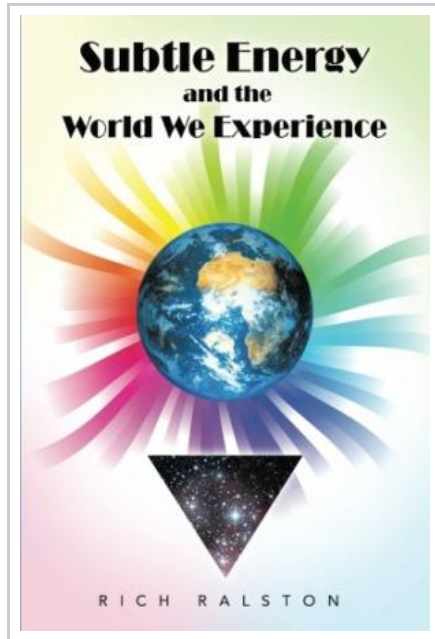




Subtle Energy and the World We Experience

By Rich Ralston

Balboa Press, United States, 2013. Paperback. Book Condition: New. 226 x 150 mm. Language: English . Brand New Book ***** Print on Demand *****.Subtle Energy and the World We Experience provides encouragement for those looking to find a deeper spiritual meaning in their lives, improve self-esteem, and regain personal power. Subtle energy affects everything in our world, including beliefs, emotions, health, and decisions. We are largely influenced by our surrounding energies. Empower yourself to form new perspectives by learning to recognize, observe, and release those that no longer serve a beneficial purpose. This is an informational guide with easy, step-by-step exercises for all ages to use the basics of subtle energy; you can learn chakra, aura, grounding, and meditation exercises; attract desirable situations, people, and experiences; release and replace troubling emotions; identify and release beliefs that hold you back; and regain the confidence and power to make decisions for yourself. Subtle Energy and the World We Experience also includes stories of souls of the dead crossing over; the universal laws and their roles in our world; explanations and examples of the supernatural; exercises to explore your past lives and karma flows; and the author's personal meditation and healing techniques....



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