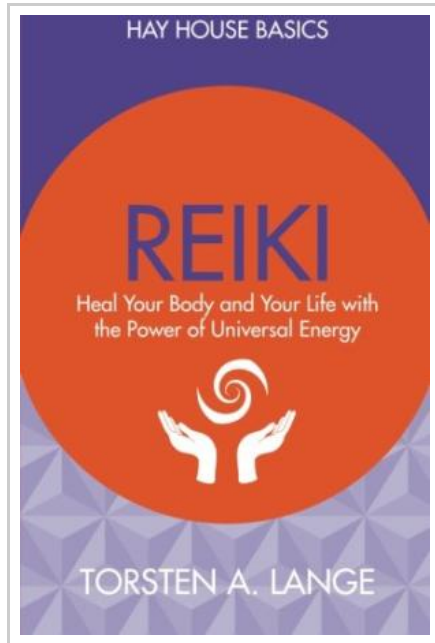




Reiki: Heal Your Body and Your Life with the Power of Universal Energy

By Torsten A. Lange

Hay House UK Ltd. Paperback. Book Condition: new. BRAND NEW, Reiki: Heal Your Body and Your Life with the Power of Universal Energy, Torsten A. Lange, This is a comprehensive yet accessible guide to the powerful Reiki healing system, showing how it can be used for physical, emotional, mental and spiritual healing. This book explores: the history of Reiki, including new information not currently found in any other book; how to connect to Reiki energy to heal yourself and others; the symbols of Reiki and how to work with them - how to give a distant healing; real-life stories that demonstrate the deep healing this system offers; the steps to becoming a Reiki practitioner. and much more! The Hay House Basics series features world-class experts sharing their knowledge on the topics that matter most for improving your life.



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